

# Common Phrases<sup>3,4</sup>

## TRANSGENDER

An umbrella term for people whose gender differs from what is typically associated with the sex they were assigned at birth.

## NONBINARY OR GENDERQUEER

Terms used by some people who experience their gender as falling outside the categories of man and woman. The term is not a synonym for transgender

## PRONOUNS

The most common ones are: he/him, she/her, they/them, and Ze or zie (pronounced like "Zee"), replacing she, he, they and Hir/hirs (pronounced like "here"), replacing her/hers, him/his, or them/theirs. Some people don't use pronouns, and would like their names to be used instead (i.e. "Kit just left to go visit Kit's parents.")

## CISGENDER

Someone who exclusively identifies as their sex assigned at birth.

## DEADNAME OR BIRTH NAME

The name of a transgender person prior to coming out. Deadnaming is the action of calling a transgender person by their birth name instead of their name.

# Crisis Resources

- **The Trevor Project's 24/7 Lifeline: 866-488-7386**
- **Trans Lifeline: 877-565-8860**

# Further Reading

- **[www.iheartsingularthey.com](http://www.iheartsingularthey.com)**
- **The ABC's of LGBT+**
- **Schools in Transition: A Guide for Supporting Transgender Students in K-12 Schools**

# Resources Used

1. **[www.ustranssurvey.org/reports#USTS](http://www.ustranssurvey.org/reports#USTS) (27,715 participants)**
2. **Transgender Adolescent Suicide Behavior study by Russell B. Toomey, Amy K. Syvertsen, Maura Shramko**
3. **<https://www.glaad.org/reference/transgender>  
<https://www.pride.com/trans/2018/1/25/6-resources-every-trans-person-and-ally-should-know-about>**
4. **[lgbt.williams.edu/resources/trans-resources/pronouns/](http://lgbt.williams.edu/resources/trans-resources/pronouns/)**
5. **[www.welcomingschools.org/resources](http://www.welcomingschools.org/resources)**
6. **[www.glaad.org/transgender/resources](http://www.glaad.org/transgender/resources)**

PROTECT  
TRANS  
KIDS

An Educator's  
Resource  
on Trans Youth

45%

of trans people have experienced homelessness

54%

have attempted suicide<sup>1</sup>

50.8%

of underage trans men have attempted suicide

41.8%

of nonbinary youths have attempted suicide<sup>2</sup>

## Ways to Be an Ally<sup>5,6</sup>

- Respect the requests of transgender people to be called by the names and pronouns that make them most comfortable.
- Ask everyone what their pronouns are.
- When introducing yourself, say your pronouns to normalize when trans people do it .
- When in doubt, use "they".
- Refrain from asking transgender people invasive questions about their bodies, medical history, or legal documentation.
- NEVER out someone (tell people they are trans without permission)

# PRIDE

## In the Classroom<sup>5,6</sup>

- Avoid calling names for attendance until you've learned what names people use in case deadnames are on the sheet.

- You can also ask about pronoun use as part of a group exercise, "Everyone tell your name, pronoun, and a fun fact about yourself."
- Don't separate groups by sex or gender. It can be damaging for students who aren't out or students who don't fit into the categories you've most likely chosen (boy or girl).
- Advocate for students when they are having administration issues (bathrooms, sports teams, etc).

Problem	Correction	Reason
"transgendered" (adjective)	transgender	Only adjectives that are derived from nouns and/or verbs (unlike transgender) end in "ed."
"intersexed"	intersex	Only adjectives that are derived from nouns and/or verbs (unlike intersex) end in "ed."
"transgendered" (verb)	transition	Only verbs can have "ed" added onto the end of the word to become a participle. Transgender is an adjective, not a verb. One does not "transgender," they transition.
"a transgender," "transgenders"	a transgender person, transgender people	Transgender is not a noun. "Jake is a transgender" is not only grammatically incorrect, but can be offensive.
"sex change," "sex reassignment surgery," "gender reassignment surgery"	gender affirming surgery, genital reconstruction surgery, genital reassignment surgery	Surgery does not change one's sex or gender, only genitalia.